

Estiramientos - Baloncesto

Tiempo: 11 minutos

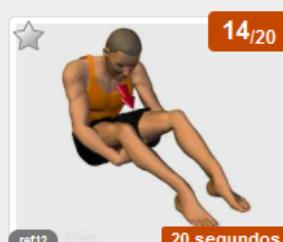
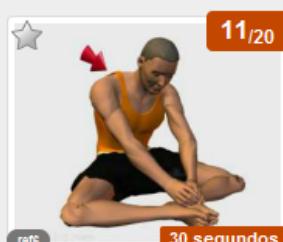
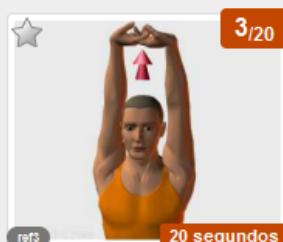


Tabla de estiramientos (guia de ejercicios) recomendados para **baloncesto**